

“A kaleidoscopic
blend of Indian and
Portuguese cultures,
sweetened with sun,
sea, sand, seafood
and spirituality—
there's nowhere in
India quite like it!”

~ Lonely Planet



Whether you have done yoga for years
or you have never stepped foot in a
yoga class your whole life, we welcome
you with open arms and hope that you
will join us this beautiful getaway.

Early Bird Pricing (Sept 30)
\$2650 (\$265/night per person)*
After 9/30 \$3200 per person.*

*Excludes airfare

TRAVEL WITH US

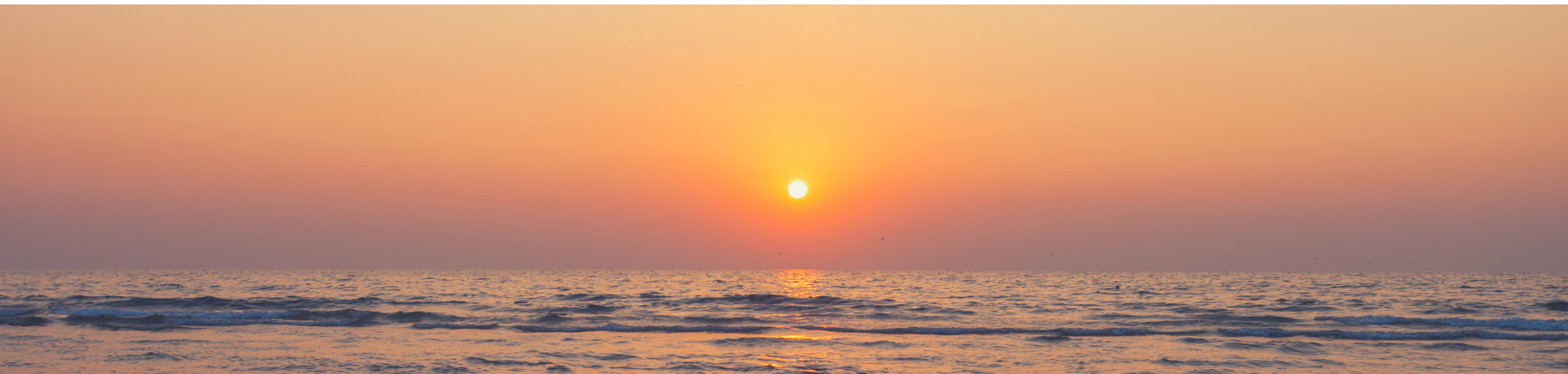
Yoga Alliance Certified Leader
Yogi Christa Heibel
& Indian Partner, Yogi Abhi Sharma.

Register Online at:
REPLENISHLIVING.COM

GOA HOLIDAY EXCURSION

CHRISTMAS & NEW YEAR
IN BEAUTIFUL GOA, INDIA

December 23 - January 1



JOIN US FOR A LIFE CHANGING EXPERIENCE

Goa, India is a dream destination for your weary soul—miles and miles of white sand beaches, bordered by crystal blue ocean water and lush greenery.

We have crafted this experience just for you—combining Western comforts with Eastern adventures. There is no need to worry about planning anything out— all your meals, ground transportation, lodging, and itinerary will be taken care of! So, please join us as we journey 10 days and 10 nights through the beautiful melting pot of Goa. We will guide you gently through your yoga practice and all the beauty, history, and culture that Goa has to offer.

THE ACCOMMODATIONS

Enjoy **3 nights in an Eco Ashram** where you get to enjoy a beautifully tranquil nature setting where we will celebrate Christmas..

The next **6 nights will be at a 4-star beach resort** where we will bring in the new year.

All meals, ground transportation and lodging are included

THE YOGA

Daily yoga & meditation classes can help you incorporate the ancient wisdom of yoga into your everyday, modern life through workshops and lectures. Try Stand-Up Paddleboard (SUP) Training or classes!

Ayurvedic treatments will be available.

This program is certified YACEP - 35 hours

THE SITES

- Goa Christmas Day Festival
- The Our Lady of the Immaculate Conception Church
- Local Christian church, temple and Christmas market tours
- The famous beach of Goa the Calangute
- India's famous waterfalls (Dudhsagar)
- Casino Royale Cruise – the largest floating Casino in Goa
- Temple of Goa Shanta Durga Temple
- The Basilica of Bom Jesus or Borea Jezuchi Bajilika
- Fort Aguada
- Varcia beach in South Goa

FREE TIME

New Year Celebration Beachside Party & Disco at Nightclub
Free time for beach, water sports and shopping